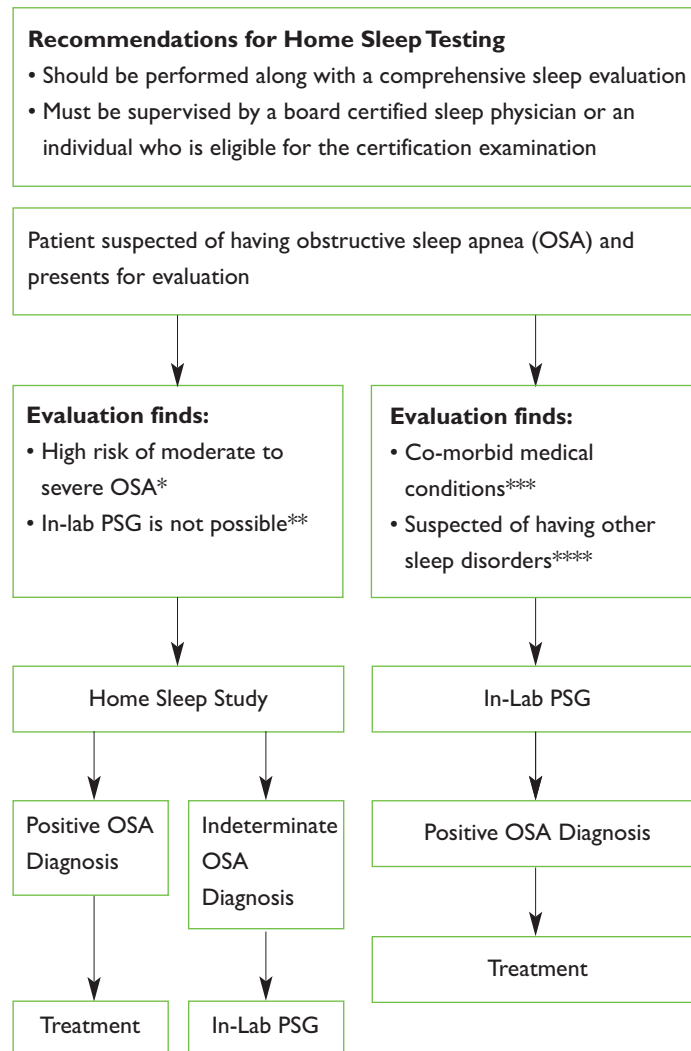


Suggested Home Sleep Testing Protocol¹



Notes

- * Risk is defined via clinical judgment taking in to account demographics, predisposing and precipitating factors, clinical features and familial patterns
- ** Not possible due to immobility, safety or critical illness
- *** Co-morbid conditions include: moderate to severe pulmonary disease, neuromuscular disease, or congestive heart failure
- **** Other sleep disorders include: Central sleep apnea, periodic limb movement disorder, insomnia, parasomnias, circadian rhythm disorders, and narcolepsy

IMPORTANT: Guidelines are intended to serve only as a reference. They shall be used only in conjunction with the instructions and/or protocol set forth by the physician and institution. The guidelines are not intended to supersede established medical protocols.

¹ Collop, N. et al, *Clinical Guidelines for the Use of Unattended Portable Monitors in the Diagnosis of Obstructive Sleep Apnea in Adult Patients*, Journal of Clinical Sleep Medicine, Vol.3, No. 7, 2007.